

SAVE ENERGY. GET KIT.

We've teamed up with former England star David James – who also made 572 Premier League appearances, a record for a goalkeeper – who has calculated what football equipment your club could afford:



"Small savings go a long way. Do your bit for your club today."

DAVID JAMES

Simple ways to save energy	Saving per player (per household per year)	Saving per team (for 11 households per year)	Football equipment for your club
When your mum isn't looking, switch the heating down by 1 degree (She won't notice the difference!)	£80	£880	Team Football Strip (£250) 2 Goals (£250) Team Training Tops (£180) 10 Training Footballs (£80) First Aid Bag (£25) Team Trophies (£95)
Unplug your games console and phone charger when they're not in use	£30	£330	2 Portable Goals (£264) 12 corner flags & poles (£66)
Turn off at the plug, and don't use standby	£30	£330	4 Training Rebounders (£300) 1 Handheld Rebounder (£30)
Turning off your light when leaving your bedroom or the changing room	£14	£154	15 Cones (£54) 30 Hurdles (£140)
Washing your football kit at a lower temperature (30 instead of 60)	£9	£99	1 Agility Speed Training Kit (£99)
Total	£163	£1,793	£1,793